



**PMJF LION PRAVIN SARNAIK**  
DISTRICT GOVERNOR



# LIONS INTERNATIONAL

## DISTRICT 3231-A4 2026-27



**PMCC LION SUBHASH BHALWAL**  
(ADVISOR)



*Together for Brighter Tomorrows.*

Support. Care. Empower.  
Because everyone matters.



**PMJF LION ANIL MHATRE**  
GST CO-ORDINATOR



**1 DIABETES SCREENING CAMP**

Organize community Type 2 diabetes risk-awareness and screening events with qualified medical professionals; provide education and referral when needed.

## OCTOBER SERVICE WEEK 2026



PREVENT • SCREEN • MANAGE  
FOR A HEALTHIER TOMORROW



**2 DIABETES AWARENESS DRIVE**

Conduct awareness talks in schools, colleges and communities about diabetes risk, prevention, healthy living and early action.



**3 STRIDES / HEALTH WALK**

Organize a family-friendly walk, run, dance or fitness activity combined with diabetes awareness and healthy-living education.



**4 HEALTHY LIVING WORKSHOP**

Conduct practical sessions on healthy eating, meal planning and physical activity for people at risk of Type 2 diabetes.



**5 DIABETES SUPPORT & FAMILY PROGRAM**

Create a community support group for family event where people living with diabetes can share experiences, learn about diabetes management and receive encouragement; alternatively support a diabetes youth camp through volunteering, scholarships or fundraising.



**MJF LION ANOOP THARWANI**  
**DC- DIABETES**  
LIONS DISTRICT 3231-A4

**OSW DAY**



**3**

**SATURDAY  
OCTOBER  
2026**