

# Lions Quest in India Foundation

## DC Manual



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**Dear District Chairperson,**

Congratulations on your appointment as **District Chairperson for Lions Quest (2025–26)** as one of the most impactful service wings of **Lions Clubs International (LCI) and Lions Clubs International Foundation (LCIF)**, Lions Quest is a **flagship Social and Emotional Learning (SEL) program** that aligns with the **National Education Policy (NEP)**, fostering holistic development and emotional resilience in students.

Your leadership is vital in inspiring your team and motivate clubs to adopt schools and implement this transformative program. At **Lions Quest in India Foundation (LQIF)**, we continuously enhance our curriculum and trainer competencies while expanding accessibility through regional translations.

As you embark on this journey, I encourage you to leverage new initiatives, deepen your knowledge, and drive meaningful change. Lions Quest's **child-centred approach** is loved by students, strengthens family bonds, and improves academic outcomes.

Thank you for your dedication to this mission. We stand beside you in taking our program to as many schools as possible to make a difference in the lives of our future generations. We also welcome your suggestions for continuous improvement.

**Wishing you a successful and fulfilling year ahead!**

A handwritten signature in black ink, appearing to read 'Shyam Malpani'.

Lion Shyam Malpani,  
Chairman

## Lions Quest in India Foundation

**Lions Quest in India Foundation (LQIF)** is a registered non-government organization with the Charity Commissioner, Mumbai, since **1993**. Its core mission is to promote **Social and Emotional Learning (SEL)** programs—initially for children and now extended to adults. LQIF operates with the support of **Lions Clubs International Foundation (LCIF)** and committed **Lion members**.

LQIF is the **official licensee** for promoting and expanding the *Lions Quest Program* across **North, East, and West India**.

### Key Milestones:

- **1991:** Lions Quest *Skills for Adolescence* introduced in India through the efforts of then 1<sup>st</sup> International Vice President **Lion Rohit Mehta**.
- **February 1991:** The first **Teacher Training Workshop (TTW)** was held at **Tata Institute of Social Sciences (TISS), Mumbai**, in collaboration with LCI and Lions Quest International.
- **11<sup>th</sup> November 1993:** **LQIF** was formally established and registered as a non-profit organization.
- The program has evolved significantly, including professional development for trainers, **translations in five regional languages**, and the release of its **4<sup>th</sup> edition**.
- **2014–15:** A 26-episode TV series “*Sapno Ki Dhara*” aired on Aastha Channel, now available on **YouTube**.
- **2014-15,** Lion Rohit Mehta chose to take retirement from Chairmanship of LQIF and Lion Shyam Malpani was appointed as Chairman of LQIF.
- Lion Rohit Mehta continued his association as Chairman Emeritus till September 2020.
- **2021-22,** During Covid pandemic, LQIF developed **(EMEL) Empowering Mind Enriching Life**, a program for adults (18 years & above) to enhance their Social Emotional Competencies.
- **2023-24,** Lions Quest 5<sup>th</sup> edition programs were launched for Grade 1-8
- **2024-25,** Rohit Mehta Lions Quest Week (25<sup>th</sup> August to 1<sup>st</sup> September) was launched to celebrate Lions Quest activities every year.
- **2024-25,** 5<sup>th</sup> edition program being translated into 5 regional languages (Hindi, Marathi, Gujarati, Urdu and Bangla).

With combined efforts of Lions from MD 321(Northern India), MD 322 (Eastern India) and erstwhile MD 323(Western India), Lions Quest is being implemented with more than 1 Lac children every year.

# **Role and Responsibilities of DC Lions Quest (An Overview)**

- Recognised post of LCI
- Make a team
- Awareness - PST/ clubs/ RC ZC meets/ schools
- Establishing reimplementation with schools
- Establish one Club one School concept – Lions Quest Permanent project of club
- Plan for new schools, TTW, implementation
- Lions Quest Week (26<sup>th</sup> August- 1<sup>st</sup> September)
- SEL Week (3<sup>rd</sup> to 7<sup>th</sup> March)
- Coordination with LQIF

## **Reflection Notes:**

# Awareness

## Creating Awareness – The First Step Toward Program Success

The success of our program starts with **strong awareness** among schools, communities, and society at large. A **well-planned awareness seminar**, whether virtual or in-person, plays a crucial role in building understanding and enthusiasm for the Lions Quest program.

We encourage you to **organize an awareness seminar immediately after your District Chairperson (DC) Schooling**. Invite a diverse group, including:

- School Management, Principals & Teachers
- Lion Leaders and Presidents of various Lions Clubs within your district

The session should be conducted by **LQIF Faculty**, who will provide a professional and in-depth orientation on the Lions Quest program. Their expertise and structured guidance will lay a strong foundation for effective implementation in your district.

To further enhance the session's impact, consider inviting **students, parents, and teachers** to share their **real-life success stories** with Lions Quest. These testimonials bring authenticity and emotional connection to the program.

With the right planning and execution, this initial awareness effort can be the cornerstone of a **successful and impactful Lions Quest journey** in your district.

## National Education Policy (NEP-India)

Government of India has launched National Education Policy in 2020, and its mandatory for schools to adhere to its following Goals.

*In school education, the National Education Policy 2020 stresses on the core values and principle that education must develop not only the cognitive skills, that is, – both ‘foundational skills’ of literacy and numeracy and ‘higher-order’ skills such as critical thinking and problem solving – but also, social and emotional skills - also referred to as ‘soft skills’ -including cultural awareness and empathy, perseverance and grit, teamwork, leadership, communication, among others.*

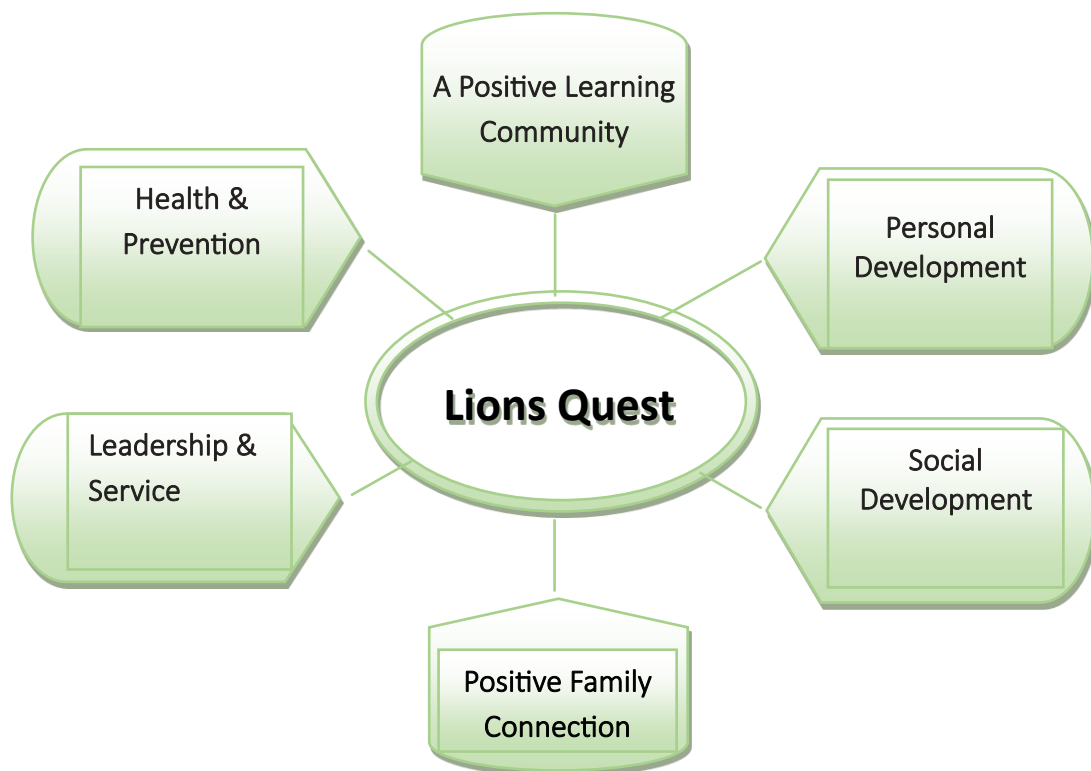
Lions Quest is a **well-researched, CASEL-recommended “SElect” program**, making it an ideal fit for schools under the **National Education Policy (NEP)** framework. Its comprehensive approach supports both **Teacher Training Workshops (TTWs)** and seamless **program implementation**, aligning perfectly with NEP's emphasis on holistic education and emotional development.

## Reflection Notes:

# Lions Quest in India Foundation's programmes

Lions Quest, Lions Clubs International Foundation's (LCIF) signature youth education program, is a social emotional learning (SEL) curriculum which gives students the skills to navigate life and prevent bullying and substance abuse.

Lions Quest has been used by schools and other organizations for over 40 years in over 100 countries around the world. Through a series of SEL curriculum lessons, the program promotes positive student behaviours that lead to greater academic success, a greater connection to school and improved school climate.



**Reflection Notes:**

## **Lions Quest Skills for Growing: For Grade 1 to 5**

## **Lions Quest Skills for Adolescence: For Grade 6 to 8**

### **5<sup>th</sup> edition curriculum for students:**

Lions Quest Skills for Growing (SFG) and Skills for Adolescence (SFA) are an evidence-based Social and Emotional Learning based program for primary and secondary schools respectively. This consists of 3 core units of SEL instruction, followed by units on Health and Prevention, and Leadership through Service Learning.

### **Scope and Sequence**

The lessons in each unit include grade appropriate content that develops sequentially by topic. The curriculum offers cross-curricular activities, family and community connection activities, as well as reinforcement and enrichment activities.

### **Lions Quest Lessons**

The program and lessons are based on the Five SEL Core Competencies from CASEL and use a four-phase instructional design. Central to this is a view of students as active participants, initiating their own learning in a natural way that draws on their innate curiosity. The emphasis is on interaction as students work together to learn concepts, practice thinking and social skills, and discover the benefits of cooperating toward mutual goals.

This is a progressive learning program, hence the implementation book for student changes each year. The total implementation sessions for each year are 28-36.

### **Professional Development:**

To ensure effective delivery of the **Lions Quest** program, **two-day Teachers Training Workshops (TTWs)** are organized as part of the professional development of educators. These workshops equip teachers with the knowledge, skills, and tools required to implement the program confidently and effectively.

Upon completion, teachers are certified and with **comprehensive, grade-specific lesson plans**, enable them to deliver the Lions Quest curriculum seamlessly in their classrooms.

### **Reflection Notes:**

## EMEL – Empowering Mind, Enriching Life

*An Adult SEL Program by Lions Quest in India Foundation (LQIF)*

**EMEL** is a flagship program developed by **Lions Quest in India Foundation** to enhance **Social Emotional Learning** competencies (**SEL**) in adults. The program is designed to help individuals enrich their lives by developing a deeper understanding of themselves and the world around them.



By focusing on aligning thoughts, emotions, and actions, EMEL fosters inner harmony and equips participants with tools to navigate personal, social, and ethical responsibilities. It nurtures stronger relationships and supports better decision-making in all areas of life.

### Core Focus Areas:

- **Self-Awareness**
- **Self-Management**
- **Social Awareness**
- **Healthy Relationships**
- **Responsible Decision-Making**
- **Being to Becoming** (Personal transformation and self-growth)

### Program Formats:

#### ◆ Online Format

- Duration: 6 days (90 minutes per session)
- Mode: Interactive virtual sessions led by **internationally certified trainers**
- Fee: ₹900 per participant
- Ideal Batch Size: 30–35 participants

#### ◆ Physical Format

- Duration: 2 full days (8 hours/day)
- Fee: ₹27,000 for 30–35 participants (*excluding venue and logistics*)

### Who Can Participate?

- Professionals
- Homemakers
- Parents & Teachers
- Educators
- Entrepreneurs
- Teenagers
- Lionesses & Leos

EMEL brings **sustainable change** by empowering individuals to grow emotionally, build stronger connections, and live more balanced and fulfilling lives.



# Teachers Training Workshop (TTW)

## Program Adoption & Planning

- After the Awareness Program, personally meet interested school authorities and sponsoring Lions Clubs to take the discussion forward.
- Encourage the concept of “**One Club – One School**” to promote ownership and consistent support.
- Recommend **whole-school implementation** (SFG-Grade 1-5) (SFA-Grade 6-8) or based on the school’s structure and needs.
- Present a **detailed program overview** to school decision-makers, clearly explaining their role in **allocating time in the school timetable** for effective implementation.
- Request schools to nominate **at least one teacher per grade per division** to ensure complete and structured rollout.
- Schedule the **Teachers Training Workshop (TTW)** as per the school's availability.
- Conduct a **brief orientation session** for all participating teachers prior to the TTW to set expectations.
- Place the order for **TTW sets** based on the number of teachers per grade, and **student books** depending on the grade-wise strength.
- Clearly define the responsibilities of both the school and the sponsoring club to ensure smooth coordination and long-term commitment.

## Coordination and Scheduling

- With the **consent of the school and the Lions Club**, schedule a **2-day TTW** (8 hours per day) at the earliest possible date.
- A **minimum of 25** and a **maximum of 35** participants are required to conduct the TTW.

## Edition-Specific Training Requirements

- **5<sup>th</sup> Edition:**
  - Request the school to provide a **grade-wise list of participating teachers**.
  - Teachers are also required to **bring their laptops** for training.
- **4<sup>th</sup> Edition:**
  - Can be conducted **only in regional languages**.
  - Focuses on teachers of **Grades 6 to 8** for the *Skills for Adolescence (SFA)* module.

## Importance of Training

- TTW is **mandatory** for any school before implementing the program.
- It provides teachers with a solid understanding of the **Social Emotional Learning (SEL)** framework and the **Lions Quest methodology**.
- Teachers are guided using the **teacher’s curriculum**, enabling effective delivery to students post-training.

## Curriculum Distribution

- Each participant receives a **grade-specific teacher’s curriculum**, which includes detailed lesson plans.
- Therefore, schools must provide a **grade-wise bifurcation of teachers** before the workshop.

## Certification

- On successful completion of the two-day TTW, participants receive an **International Certificate**, qualifying them to implement the Lions Quest program.

# Post-TTW

## Implementation Support Session

To provide continued guidance, **Lions Quest in India Foundation (LQIF)** offers an **online Implementation Support Session** for all trained teachers after TTW.

### Key Guidelines

- A **90-minute online session** is provided at no additional cost.
- The session date must be **scheduled during the TTW**, in consultation with participants.
- Ideally, it should be held **within one month** of the TTW for maximum impact.
- Participation is **mandatory** and limited to teachers who have completed TTW and have their **Quest curriculum manuals**.
- The session can be held **during or after school hours**, as per convenience.

### Purpose of the Session

- Offers **initial handholding and guidance** for navigating the curriculum.
- Helps clarify any **doubts or questions** that arise post-training.
- Supports teachers in **effectively applying the lesson plans**.
- Ensures **smooth, confident implementation** of the program in classrooms.

## Refresher Workshop

The **Refresher Workshop** is specifically designed for teachers who have previously been trained in the Lions Quest program. This **one-day session** serves to **rekindle the skills** acquired during the original Teachers Training Workshop (TTW), while also offering a platform to:

- Address and **resolve challenges** encountered during implementation
- **Enhance facilitation skills** and deepen understanding of the curriculum
- **Share experiences** and best practices with fellow educators

Schools that have previously implemented the program—or were unable to do so due to unforeseen reasons—are encouraged to participate. This workshop ensures **continuity of the program** and helps leverage the **trained resources developed in previous years**, maximizing the impact of efforts made by past District Chairpersons.

### Reflection Notes:

# TTW Agenda

## TWO-DAY SFG/SFA WORKSHOP

### MORNING THEME: DAY ONE

#### THE RELATIONSHIP CENTERED LEARNING COMMUNITY AND PROGRAM OVERVIEW

- 8:30 AM – 9:00 AM : REGISTRATION AND BREAKFAST
- 9:00 AM – 9:30 AM : WELCOME AND WORKSHOP OVERVIEW

#### MODULE 1: ESTABLISHING A RELATIONSHIP CENTERED LEARNING COMMUNITY

- Session 1: 9:30 AM – 10:30 AM Building Community
- Session 2: 10:30 AM – 11:00 AM Creating Student-Generated Shared Agreements and Standards of Behaviors

#### 11:00 AM – 11:15 AM: BREAK

#### MODULE 2: PROMOTING A SCHOOL/ HOME/COMMUNITY APPROACH TO SOCIAL, EMOTIONAL, AND ACADEMIC LEARNING - PART 1

- Session 1: 11:15 AM – 11:45 AM Program Overview
- Session 2: 11:45 AM – 12:45 PM Materials Exploration
- Session 3: 12:45 PM – 1:00 PM Implementation 1

#### 1:00 PM – 1:45 PM: LUNCH

### AFTERNOON THEME: DAY ONE

#### LESSON DESIGN AND INSTRUCTIONAL PRACTICES

1:45 PM – 2:00 PM: ENERGIZER

#### MODULE 3: USING THE LIONS QUEST LESSON DESIGN AND APPLIED INSTRUCTIONAL STRATEGIES

- Session 1: 2:00 PM – 2:30 PM Introduction to SEL Skills and LQ Lessons- -Part 1
- Session 2: 2:30 PM – 3:30 PM Phases of the Lesson Design and Lesson Modeling
- Session 3: 3:45 PM - 4:15 PM Focus on Instructional Strategies
- Closure: 4:15 PM – 4:30 PM

**MORNING THEME: DAY TWO**

**NOW IT'S YOUR TURN LESSON PRACTICE**

**9:00 AM– 1:00 PM**

8:30 AM – 9:00 AM : REGISTRATION AND BREAKFAST

9:00 AM – 9:30 AM : WELCOME AND REVIEW

**MODULE 3: NOW IT'S YOUR TURN WITH SUPPORTING INFORMATION ON FOCUS AREAS**

- 9:30 –10:30 AM : Preparation for Now It's Your Turn
- 10:30 AM - 1:00 PM : Now It's Your Turn with Large Group Presentations and Debriefing on Strategies

**SFG/SFA**

- Group 1
- Group 2
- Group 3
- Group 4

**1:00 PM – 1:45 PM: LUNCH**

**AFTERNOON THEME: DAY TWO**

**BUILDING THE HOME/SCHOOL/COMMUNITY PARTNERSHIP**

1:45 PM – 2:00 PM: ENERGIZER

**MODULE 4: PUTTING IT ALL TOGETHER**

- 2:00 PM - 2:30 PM : Service- -Learning
- 2:30 PM - 3:15 PM : Family and Community Engagement

**3:15 PM – 3:30 PM: BREAK**

- 3:30 PM - 3:50 PM : SEL Skills and LQ Lessons
- 3:50 PM - 4:30 PM : Implementation and Closure

# Implementation/ Reimplementation

**Involve the Lions Club at each and every step of implementation.**

**At the start of the year, take the implementation order of books where the program was implemented in the year 24-25.**

- After new TTW, coordinate with the school to **plan a formal launch** of the program.
- The school must allocate **one to two dedicated periods per week** in the timetable for Quest sessions.
- Trained teachers should begin **conducting Lions Quest sessions** in their respective classes immediately after TTW.
- Teachers, equipped with grade-specific **curriculum manuals**, will facilitate the program using structured lesson plans.
- Each student must receive a **grade-appropriate student workbook**, which will be used throughout the year.
- **SFG and SFA modules** require **36 sessions annually** for full implementation.
- In case the TTW happens in the middle of the year the core skills for the year can be implemented in 28 lessons as well.
- Each family gets a grade wise **family connection book**, which enables the students to practise each skill learnt in the class at home with family.
- Conduct **four Parent Meetings** during the year, ideally after every 8–10 Quest sessions, to reinforce the home-school SEL connection.
- The **District Chairperson** or organizing Lions Club should maintain regular contact with the schools - **visiting, gathering feedback**, and ensuring the program's quality and consistency.
- Make **parents as partners** financial as well as sharing the responsibility of equipping children with the essential life skills.
- Get the **pre and post implementation survey** filled by students (Given in their journals) to assess their skill building.

## Ensuring Program Continuity

Continuity is key to creating a **long-term, positive impact** on children, families, and schools through the Lions Quest program. As a local Lion leader, it is essential that you along with local Lions Club take **active ownership** of the program's progress. Stay in regular touch with school management and trained teachers' post-implementation to ensure the program is carried forward **year after year**.

We strongly recommend signing a **Memorandum of Understanding (MoU)** between the school and the sponsoring Lions Club, committing to a **minimum of five years** of program support. This agreement helps in institutionalizing the program and strengthens trust in its long-term value.

Additionally, ensure that the school receives timely **guidance, student books, and other essential resources**, so that their confidence in the Lions Quest program remains strong and unwavering.

## Scope and Sequence Grade 1-8 (5th Edition)

UNIT	GRADE LEVEL	LESSON 1	LESSON 2	LESSON 3	LESSON 4	LESSON 5	LESSON 6	LESSON 7	LESSON 8
<b>UNIT 1</b> <b>A Positive Learning Community</b>	<b>Grade 1-8</b>	<b>Making Introductions</b> SEL COMPETENCY: Self-Awareness, Relationship Skills	<b>Establishing Classroom Agreements</b> SEL COMPETENCY: Self-Management, Relationship Skills	<b>Grade 1-5 Only: Working Together</b> SEL COMPETENCY: Relationship Skills					
<b>UNIT 2:</b> <b>Personal Development</b>	<b>Grade 1-8</b>	<b>Clarifying Your Values</b> SEL COMPETENCY: Self-Awareness	<b>Assessing Strengths and Growth Opportunities</b> SEL COMPETENCY: Self-Awareness, Relationship Skills	<b>Building Self-Confidence and Self-Respect</b> SEL COMPETENCY: Self-Awareness"	<b>Motivating Yourself</b> SEL COMPETENCY: Self-Management	<b>Setting Positive Goals</b> SEL COMPETENCY: Self-Management	<b>Labeling Emotions</b> SEL COMPETENCY: Self-Awareness	<b>Managing Stress and Strong Emotions</b> SEL COMPETENCY: Self-Awareness, Self-Management	<b>Recognizing the Thoughts, Emotions, Action Connection</b> SEL COMPETENCY: Self-Awareness, Self-Management
<b>UNIT 3</b> <b>Social Development</b>	<b>Grade 1-8</b>	<b>Listening</b> SEL COMPETENCY: Relationship Skills, Social Awareness	<b>Respecting Others</b> SEL COMPETENCY: Social Awareness, Relationship Skills	<b>Communicating with "What, Why, and How" messages</b> SEL COMPETENCY: Social Awareness, Relationship Skills	<b>1-5 Building Healthy Relationship 6-8 Working Together</b> SEL COMPETENCY: Relationship Skills	<b>1-5 What is Bullying? 6-8 Building Healthy Relationships</b> SEL COMPETENCY: Relationship Skills, Social Awareness	<b>1-5 Dealing with Bullying Behavior 6-8 Handling Conflict in Relationships</b> SEL COMPETENCY: Relationship Skills, Social Awareness	<b>Dealing with Bullying Behavior</b> SEL COMPETENCY: Relationship Skills, Social Awareness	<b>6-8 Only: Dealing with Bullying Behavior</b> SEL COMPETENCY: Relationship Skills, Social Awareness
<b>UNIT 4</b> <b>Health and Prevention</b>	<b>Grade 1-8</b>	<b>Choosing Healthy Living</b> SEL COMPETENCY: Responsible Decision-Making	<b>Making Good Decisions Part 1</b> SEL COMPETENCY: Responsible Decision-Making	<b>Growing in Responsibility</b> SEL COMPETENCY: Responsible Decision-Making	<b>1-2 Being Careful Around Medicines 3-8 Staying Away from Tobacco</b> SEL COMPETENCY: Responsible Decision-Making	<b>1-2 Staying Away from Poisons 3-8 Staying Away from Alcohol</b> SEL COMPETENCY: Responsible Decision-Making	<b>1-2 Making Good Decisions Part 2 3-8 Staying Away from Other Drugs</b> SEL COMPETENCY: Responsible Decision-Making	<b>Standing Up to Social Pressure</b> SEL COMPETENCY: Self-Management, Responsible Decision-Making	<b>6-8 Only: Reinforcing and Modeling a Healthy, Drug-free Lifestyle</b> SEL COMPETENCY: Self Management, Responsible Decision-Making, Relationship Skills
<b>UNIT 5</b> <b>Leadership and Service</b>	<b>Grade 1-8</b>	<b>Serving Your School and Community</b> SEL COMPETENCY: Relationship Skills, Responsible Decision-Making	<b>Assessing Classroom Assets and Interests for Service-Learning</b> SEL COMPETENCY: Relationship Skills, Responsible Decision-Making, Self-Awareness	<b>Identifying Classroom, School, and Community Issues and Needs</b> SEL COMPETENCY: Relationship Skills, Responsible Decision-Making	<b>Deciding Together on a Service-Learning Project</b> SEL COMPETENCY: Relationship Skills, Responsible Decision-Making	<b>Planning a Service-Learning Project</b> SEL COMPETENCY: Relationship Skills, Responsible Decision-Making	<b>Implementing the Service- Learning Project</b> SEL COMPETENCY: Relationship Skills	<b>Reflecting on and Demonstrating the Service-Learning Project</b> SEL COMPETENCY: Responsible Decision-Making	<b>Demonstrating Service</b> SEL COMPETENCY: Relationship Skills, Responsible Decision-Making
<b>UNIT 6</b> <b>Reflection and Closure</b>	<b>Grade 1-8</b>	<b>Reflecting On Learning, Experience, and Goals</b> SEL COMPETENCY: Relationship Skills, Responsible Decision-Making	<b>Celebrating Class Successes and Acknowledging Contributions</b> SEL COMPETENCY: Relationship Skills, Responsible Decision-Making						

## Schools as Partners

### **Sustained Implementation through Shared Responsibility**

Once a school agrees to implement Lions Quest, plan for a **4 - 5 years rollout**. Schools can adopt it as a full-school, primary, or secondary-grade program based on their needs.

**Cost-sharing** strengthens commitment:

- **Schools** contribute for teacher sets (as teachers are certified).
- **Clubs** manage other arrangements.
- **After awareness session, Parents** do support student book costs

This **partnership model** promotes continuity, with Lions Clubs supporting schools through service projects while schools include Lions Quest as part of their curriculum.

**Parent meetings** and **pre/post evaluations** help schools measure impact on academics and overall climate.

### **Reflection Notes:**

## New Concepts for better impact

### One Club One School

#### Make Lions Quest a Permanent Club Activity

- **Appoint a Lions Quest Chairperson** at the club level to lead the initiative.
- **Adopt at least one school** for Lions Quest implementation.
- Conduct **awareness sessions** for club members and schools where other service projects are conducted.
- Choose the implementation model: **primary, secondary, or full-school**, based on the school's structure.
- Organize **Teachers Training Workshops (TTW)** and free **Implementation Support Session**. Club members can also participate and become certified Quest teacher.
- Launch the implementation program in schools with trained teachers and support **school climate committees**.
- Participate in **parent meetings** and plan service projects aligned with Lions Quest.
- Evaluate the impact through feedback and progress reports.
- **Celebrate achievements** by honouring students and teachers with LQIF certificates post-implementation in **SEL week in March**.
- The same trained teachers can implement the program year after year—ensuring **long-term continuity and impact**.

#### Reflection Notes:



# Rohit Mehta Lions Quest week

(August 26 – September 1)

As tribute to **PIP Late Lion Rohit Mehta**, who introduced the Lions Quest program to India in 1991, all Multiple Districts across East, West, and North India have been celebrating **Rohit Mehta Lions Quest Week** since year 24-25 from **August 26 (his birth anniversary) to September 1**.

## Suggested Activities During Rohit Mehta Lions Quest Week:

### For Schools & Clubs (Involve RC/ZC to plan Region wise activities)

- Awareness Seminars (online/physical) for schools and clubs
- Parent Seminars in schools, housing societies
- TTW (Teachers Training Workshop) & Implementation Support Sessions
- Inaugurate Lions Quest program implementation in schools
- Honour trained and implementing teachers
- Organize Lions Quest /SEL Rallies with students and members
- Press releases, brochures & Quest promotion material distribution
- Lions Quest Poster Making Competition (Theme: SEL in Life)

### For Students

- Gratitude Wall & Kindness Challenges (Students write what they're grateful for and post it on a shared wall)
- “Me in a Mirror” self-awareness drawing activity (Students draw or write about their strengths and what makes them unique)
- Peer Appreciation Circles (Students take turns appreciating one another in a structured group activity)
- Mindfulness or Breathing Sessions for students (Take help from LCIF Lions Quest website)
- Hero in the Community: Essay/Drawing Contest

### For Parents & Families

- SEL Awareness Workshops for Parents
- Parent-Child Affirmation Activities (Distribute cards for home use, focusing on positive communication.)
- Lions Quest-Specific Parent Meetings

### For Teachers

- Teacher-led Roleplay/Skits on SEL topics
- Refresher Workshops for earlier trained teachers

### Community-Wide

- SEL Mural Painting in schools or public spaces (Paint a mural in a public space based on SEL themes with children and volunteers)
- SEL Art/Photography Exhibition (Showcase student-made art inspired by themes like empathy, respect, and self-awareness)
- “Voices of SEL” Panel Discussion (teachers, parents, students)
- Invite psychotherapists/experts for SEL Talks
- Launch or promote **EMEL** (Empowering Mind, Enriching Life) for adults
- **Social Media Campaign** – Daily posts during Rohit Mehta Lions Quest Week with quotes, tips, or student reflections on SEL.

# SEL week (3<sup>rd</sup> March to 7<sup>th</sup> March) (Year-End Consummation)

**Theme: Reflect, Recognize, and Reignite**

## **Lions Quest Annual Felicitation Event**

- **Honor trained teachers**, principals, coordinators, and supportive school management
- **Award students** who completed the program with participation certificates
- Recognize **clubs and members** for their contribution and support
- Introduce “**Lions Quest Champion**” awards at district/multiple level

## **Impact Showcase**

- Present **program outcomes and stories** through:
  - Student testimonials
  - Parent feedback
  - Teacher experiences
  - Before-and-after evaluation results
- Display **student journals and posters**
- Share **community engagement snapshots** from the year

## **Panel Discussion / Guest Talks**

- Invite educators, psychologists, LQIF trainers, and SEL champions to discuss:
  - Importance of continuity
  - Role of SEL in school improvement
- Students may also speak on how Quest changed their school/life experience

## **Creative Expressions**

- Host inter-school competitions like:
  - **Poster-making** (SEL themes)
  - **Short skits or plays**
  - **Poetry/Essay writing**
  - **SEL storybook presentations**
- Create a “**SEL Wall of Fame**” with student reflections and success stories

## **Planning for Continuity**

- Renew MOUs with schools for the **next academic year**
- Announce training calendar for:
  - Refresher Workshops
  - New TTWs
  - EMEL for staff/parents/community
- Encourage schools to **include SEL in their annual curriculum plan**

## **Community Engagement**

- Organize a **Lions Quest Fair** with exhibition stalls by schools/clubs
- Launch SEL outreach activities for parents and local communities
- Create a **video/documentary** summarizing the year’s journey

## Yearly Report of Lions Quest from School for the year 20\_\_ - \_\_



1	Name of school / Address / contact number & Email id	
2	Name of Principal	
3	Name & contact details of Teacher in charge for Lions Quest program	
4	Names of Teachers teaching (implementing) Lions Quest program in current year	
5	Language of implementation	
6	Lions Quest Curriculum subject is being taught to which grades	
7	Total Number of students in each Grade (Division wise)	
8	Number of Quest books taken in year	
9	Number of sessions completed for each Grade	
10	Number of parent meetings for Lions Quest held during Year	
11	Number of parents present in each Lions Quest meeting	
12	How did the Teachers Training workshop and Reading session helped the teachers in implementing the program with students?	
13	Feedback of Students, Parents and Teachers and overall Impact of program	
14	Planning for next year for Lions Quest implementation	



(Sample letter to school)

(Name of Club)

District \_\_\_\_\_

Date-----

To,

Principal,  
School Name:

Dear Sir/Madam,

**Re: Annual Lions Quest Report for 2025-26**

Greetings from Lions Club of -----; This is our --- year of working together for Lions Quest program with you. We are proud of this wonderful journey with memorable experiences and impacts. We are grateful to ----- for constant interest in the execution of Lions Quest Program in the school with the support of -----.

As school Principal, you are the most important and responsible link to get this program implemented with students and having parent meets. The certified trained teachers are effectively strengthening positive life skills in young children. We are sure the teachers training workshop/refresher workshops organized in the start of the year are helping teachers to better their skills.

For the year-round work done by teachers and students, we would like to honor them with certificates. For this kindly share the activities of Lions Quest program done for the year 2025-26 with students, along with the duly filled Yearly report attached here for your school. To share the year- round activities done by students related to Lions Quest program on PPT will be appreciated.

**Share these latest by date----- at email id: -----This will help us make the certificates and present them appropriately.**

Sincere Regards,

Club President/Chairperson  
Mob: -----, Email: -----

**Report format for One club One school by DC**

Name of Lions Club	
District	
Name of DC Lions Quest	
Name of President and contact details	
Name of Club Lions Quest Chairperson	
Names of Schools adopted for Lions Quest	
Contact details of School	
Name of Principal & Email id	
Number of students books taken	
Quest program being implemented in which Grades	
Number of trained teachers	

**Lions Quest Week: Day wise reporting to LQIF on various activities conducted.**

## **Quest Team**

**Reflection Notes:**

## **Best Practices ideas**

**Reflection Notes**

## **Lions Quest in India Foundation Management**

### **Trustees appointed by Lions Quest in India Foundation**

Chairman	:	Shyam Malpani [PID]
Vice-Chairman	:	Vinod Khanna [PID]
Vice-Chairman	:	Bishnu Bajoria [PID]
Trustee	:	Naresh Aggarwal [PIP]
Trustee	:	Prem Lahoty [PID]
Trustee	:	Pravin Chajjer [PID]
Trustee	:	Dr. Nawal Malu [PID]
Trustee	:	Vinod Ladia [PID]
Trustee	:	Chandrashekhar Ghag [PDG]

### **Trustees appointed by Respective Multiple District**

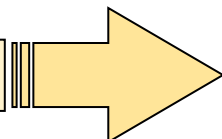
Trustee	:	J. P. Singh [PID] – MD 321
Trustee	:	Lekha Sharma [PDG] – MD 322
Trustee	:	K. J. Paul [PDG] – MD 3231
Trustee	:	Milan Dalal [PDG] – MD 3232
Trustee	:	Sumer Jain [PDG] – MD 3233
Trustee	:	Ashok Mehta [PDG] – MD 3234

### **Program Director – Lions Quest in India Foundation**

Sunita Malpani

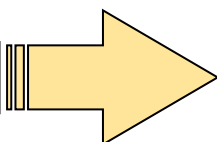
## Trainers of Lions Quest in India Foundation

**Sr. Trainer Coach**



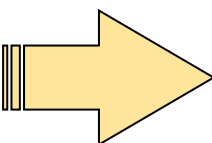
Dr. Revati Balu  
Mrs. Ratna Choudhry

**Sr. Trainer**



Dr. Niranjana Gokarn  
Mrs. Nidhi Nagrath

**Trainer**



Mr. Yogesh Pota  
Mrs. Rekhaa Shah  
Mrs. Poonam Raj  
Mrs. Manisha Ghanti  
Mr. B. L. Joshi  
Mrs. Perna Agarwal  
Mrs. Namrata Biyani  
Dr. Jyoti Toshniwal  
Dr. Alpana Verma



### **Administrative Team - LQIF**

Devang Tanna : Head – Operations & Administration  
Pradip Algottar : Accounts Executive  
Devang Mayatra : Dispatch  
Kishan Parmar : Office Boy

#### **Administrative office**

B-94, Pariseema Complex, C. G. Road,  
Ahmedabad – 380 006, Gujarat  
Mobile: 83202 93190  
website: [www.lionsquestinindia.org](http://www.lionsquestinindia.org)  
Email: [lqifoffice@gmail.com](mailto:lqifoffice@gmail.com)

# IMPORTANT FORMS

- Form A - Request letter from School
- Form B - TTW Request Form
- MOU with School
- Form C - Attendance Sheet
- Form D – Workshop Evaluation Form by Participants
- Core Committee Form
- Implementation Letter Format & Details of Teachers

## Implementing Lions Quest Program

- Form E - TTW Reimbursement form

## (School Letterhead)

(Date)

To

(Lions Club/District)

(Address with pincode)

Dear Sir/Madam,

This is to inform you that Lions Quest Teachers training workshop will be organised at (school name) from (date) to (date) where (number of teachers) will be participating from our school and (number of children) children will be benefited out of this workshop.

Class wise break up of our student with details of participating teachers is given below.

Sr. No.	Name of the Teacher	Class/Division	Number of Student
1			
2			
3			
4			
5			
6			
7			
8			
9			
10			

We will inform you when we start implementation in our school and will submit the details of student implementation at the earliest.

Thanking you,

(Signature)

(Principal Name)

(School Name &amp; Stamp)

**Lions Quest in India Foundation**

FORM - B

**Request Form for Teachers Training Workshop (TTW)**

1. Name of Organizer/Club: \_\_\_\_\_
2. Designation: \_\_\_\_\_
3. District: \_\_\_\_\_
4. Address: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_ Pin code: \_\_\_\_\_
5. Phone: \_\_\_\_\_ Email: \_\_\_\_\_
6. Required dates and timing for Teachers Training Workshop:  
1<sup>st</sup> Choice: From: \_\_\_\_\_ To: \_\_\_\_\_ Time: \_\_\_\_\_  
2<sup>nd</sup> Choice: From: \_\_\_\_\_ To: \_\_\_\_\_ Time: \_\_\_\_\_
7. Workshop Location & Address: \_\_\_\_\_  
\_\_\_\_\_
8. School Principal Details:

Sr. No.	School Name	Principal Name	Email	Mobile No.
1.				
2.				
3.				
4.				
5.				

9. Trainer caretaker contact Details: \_\_\_\_\_
10. Language of TTW: \_\_\_\_\_
11. Books Requirement:

Language	Grade	Teachers Sets	Students Sets
English	SFG - Grade - 1		
English	SFG - Grade - 2		
English	SFG - Grade - 3		
English	SFG - Grade - 4		
English	SFG - Grade - 5		
<b>SFG Books</b>			
Language	Grade	Teachers Sets	Students Sets
English	SFA - Grade - 6		
English	SFA - Grade - 7		
English	SFA - Grade - 8		
<b>SFA Books</b>			
<b>Total Books</b>			

(For Office use only: Workshop Number: \_\_\_\_\_)

12. Invoicing in favor of: \_\_\_\_\_  
(Please note: invoice can only be made in the name of Lions Club or District)

## Memorandum of Understanding

This MOU is signed on (date) between Lions Club of \_\_\_\_\_ of District \_\_\_\_\_ and \_\_\_\_\_ (school) for initiating, developing and expanding Lions Quest Program.

Lions Club of \_\_\_\_\_ is a club of good standing of district \_\_\_\_\_. It is actively involved in serving the mankind through Lions organization and it desires to promote Lions Quest Program.

\_\_\_\_\_ (School) is situated at \_\_\_\_\_  
\_\_\_\_\_. This is a primary /secondary school in which \_\_\_\_\_ number of students are taking education and has \_\_\_\_\_ number of classes for students studying in KG to 9<sup>th</sup> standard. The school is willing to start Lions Quest Program for their students of \_\_\_\_\_ to \_\_\_\_\_ standard.

**Role of Lions Club of \_\_\_\_\_:**

1. Make teachers and parents aware of Lions Quest program.
2. Train enough number of teachers in a specialized 2-day workshop for implementing Lions Quest program in school.
3. Lions Club of \_\_\_\_\_ will help in sourcing books for teachers and students.
4. Lions Club will visit schools during school's Quarterly Parent meeting and take feedback from students, parents, and teachers.
5. Lions Club will celebrate important days like 26<sup>th</sup> January, 15<sup>th</sup> August, etc., at the school. Also perform other club activities like medical & health check up camps, eye checkup camp, and cultural programs with the school.

**Lions Clubs Letter head (Compulsory)**

6. Lions Club will also provide students, an opportunity in the community services by involving them voluntarily in various activities of the Lions Club.
7. President of Lions Club / District Chairperson – Lions Quest will provide contact details of concern club / district leadership for next the year to provide continuous support.
8. School authority can directly communicate with the office of Lions Quest in India Foundation (LQIF), Ahmedabad via phone on 83202 93190 or through email on [lqifoffice@gmail.com](mailto:lqifoffice@gmail.com)

**Role of the school** \_\_\_\_\_ :

1. School will send details of teachers teaching Quest program from 1<sup>st</sup> to 8<sup>th</sup> standard every year.
2. School will allocate two sessions of 45 minutes each per week to complete the program of 40 sessions in one year. If required school can take one session per week and complete 40 sessions in two years.
3. School will ensure that all students of a class join Lions Quest program.
4. School will make sure to arrange Quarterly Parent meet as per guidelines given in Lions Quest Curriculum and invite lion Quest representative for the same.
5. School will help in evaluating Quest program impact on students after completion of curriculum by providing duly filled in evaluation forms to Lions Quest in India Foundation through Lions Club of .....
6. School will bear partial/full cost of Teachers training programme and/or teachers as well as student's books as per mutual understanding with Lions Club/District.
7. School and Lions club may provide a special certificate to each child on completion of the curriculum to motivate them.

**Role of LQIF:**

1. LQIF will provide technical guidance and support to the lions and respective school.
2. LQIF will guide and motivate active lions and schools implementing program effectively.

This MOU will be effective from year 20.....-..... and will continue for minimum 5 years tenure.

(Sign & Stamp)

\_\_\_\_\_  
Name of Lions Club President

Lions Club of \_\_\_\_\_

(Sign & Stamp)

\_\_\_\_\_  
Name of Principal / Trustee

Name of School \_\_\_\_\_

**Lions Clubs Letter head (Compulsory)**

Address (Full): \_\_\_\_\_

Address (Full): \_\_\_\_\_

Date: \_\_\_\_\_

Place: \_\_\_\_\_

Contact Nos.: \_\_\_\_\_

Contact Nos.: \_\_\_\_\_

E-mail: \_\_\_\_\_

E-mail: \_\_\_\_\_

District Governor, District: \_\_\_\_\_

District Chairperson – Lions Quest, District: \_\_\_\_\_

Contact Nos: \_\_\_\_\_

Contact Nos: \_\_\_\_\_

E-mail: \_\_\_\_\_

E-mail: \_\_\_\_\_

**Summary of MOU/ Lions Quest Programme implementation:**

<b>S.N.</b>	<b>Year</b>	<b>Name of President</b>	<b>Name of District District Chairperson</b>	<b>Students Benefited</b>
<b>1<sup>st</sup> Year</b> (Effective Year)	2025-26	Name: Cell: Email:	Name: Cell: Email:	
<b>2<sup>nd</sup> Year</b>		Name: Cell: Email:	Name: Cell: Email:	
<b>3<sup>rd</sup> Year</b>		Name: Cell: Email:	Name: Cell: Email:	
<b>4<sup>th</sup> Year</b>		Name: Cell: Email:	Name: Cell: Email:	
<b>5<sup>th</sup> Year</b>		Name: Cell: Email:	Name: Cell: Email:	

Lions Quest in India Foundation

Participant's Attendance Sheet

District: \_\_\_\_\_

TTW Date: \_\_\_\_\_ to \_\_\_\_\_

Place: \_\_\_\_\_

Sr. No.	Participant's Name	Email	Mobile	School Name	Day 1	Day 2
1						
2						
3						
4						
5						
6						
7						
8						
9						
10						
11						
12						
13						
14						

W/S No.: \_\_\_\_\_

Page 1 of 3

TRAINER'S SIGNATURE: \_\_\_\_\_



# Lions Quest Teacher Training Workshop Evaluation Form



TRAINER NAME: \_\_\_\_\_

WORKSHOP

FROM: \_\_\_\_\_

WORKSHOP PLACE: \_\_\_\_\_

DATE

TO: \_\_\_\_\_

Name Of Participant: \_\_\_\_\_

Contact No. of Participant: \_\_\_\_\_ Email of Participant: \_\_\_\_\_

Teacher's School Name: \_\_\_\_\_

Email of School: \_\_\_\_\_ Contact No. of School: \_\_\_\_\_

## A. About the Trainer (tick the box)

1. Modeling various roles required in the workshop  
 Poor ☐ Fair ☐ Good ☐ Very Good ☐ Excellent ☐
2. Ability to fulfill workshop objectives  
 Poor ☐ Fair ☐ Good ☐ Very Good ☐ Excellent ☐
3. Creating a supporting and productive learning environment for all participants  
 Poor ☐ Fair ☐ Good ☐ Very Good ☐ Excellent ☐
4. Use of presentation tools to communicate  
 Poor ☐ Fair ☐ Good ☐ Very Good ☐ Excellent ☐
5. Effective use of time  
 Poor ☐ Fair ☐ Good ☐ Very Good ☐ Excellent ☐

## B. About the Workshop: Answer in yes/No

6. Do you consider coming here is time well spent? **Yes / No**
7. Do you find the themes of the workshop relating to your day-to-day work? **Yes / No**
8. Does the content of the programme make you feel "more" enabled in your profile? **Yes / No**
9. Do you find instructional strategies useful? **Yes / No**
10. Would you like to adopt your learning in your work once you go back? **Yes / No**

## C. Overall Rating:

	Ineffective	Effective	Very Effective
1. My overall evaluation of the <b>workshop</b> is:	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
2. My overall evaluation of the <b>facilitator</b> is:	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

D. What did you enjoy most in the workshop?

E. What are your suggestions for improvement of the workshop?

Signature of Participant \_\_\_\_\_

"This evaluation has to be sent by trainer to LQIF"

(Office use only: Workshop No. \_\_\_\_\_)

[illegible]

### (School Letterhead)

To,

(Name of the organizer)

Lions Club of \_\_\_\_\_ or District \_\_\_\_\_,

(City Name)

Dear (Name of the organizer),

This is to inform you that Lions Quest Teacher's training workshop was organized at (Place or town/city Name) from (Start Date) to (End Date) where \_\_\_\_\_ teachers from our School participated.

We started implementing the Lions Quest program in our school from (Starting Date) by taking one period/Two period of Lions Quest per week in each Grade/Class/Division. Following detail shows class wise break up of students who are benefitted from the Lions Quest program in our School. The attached List shows Teachers who are taking Lions Quest classes in their respective standard/Division.

STANDARD/GRADE	DIVISION	NUMBER OF STUDENT
	<b>TOTAL</b>	

Thanking you,

(Signature)

(Principal Name)

(School Name & Stamp)

**Details of Teachers Taking Lions Quest classes in our School**

**Name of the School & Address :**

**Workshop Date:**

**Classes Started from : (Start Date of implementation).**

<b>Sr. No.</b>	<b>Name of the Teacher</b>	<b>Class/Division</b>	<b>Number of Student</b>
1			
2			
3			
4			
5			
6			
7			
8			
9			
10			
11			
12			
13			
14			
15			
16			
17			
18			
19			
20			
21			
22			
23			
24			
25			
26			
27			
28			
29			
30			

Thanking you,

(Sign)

Principal

(School Name & Stamp)

## Lions Quest in India Foundation

### Reimbursement Form

For Teachers Training Workshop/Awareness Seminar/Refresher Course

Date: \_\_\_\_\_ Place: \_\_\_\_\_

Trainer: \_\_\_\_\_ Organizer: \_\_\_\_\_

No	Particulars	Amount
1	Trainers Professional Fees (If paid)	
2	Trainers Travel (If paid)	
3	Trainers Accommodation	
4	Workshop Food Bill	
5	Stationary & Printing	
6	Postage & couriers	
7	Banners	
8	Multimedia, Sound System, Hall, Furniture Rent etc.,	
9	Photography & Video	
10	Gift, flowers & Bouquet	
11	Miscellaneous	
	<b>Total</b>	

Cheque in favor of : \_\_\_\_\_

Prepared By DC: \_\_\_\_\_

Approved By DG: \_\_\_\_\_

Remarks: \_\_\_\_\_  
 \_\_\_\_\_

(For Office use only: Workshop Number: \_\_\_\_\_)